

WHAT DO WE NEED TO DO TO IMPROVE OUR FOUR SKILLS (READING, LISTENING, SPEAKING AND WRITING) IN ENGLISH?

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Abstract: This scientific article explores effective strategies to enhance English language proficiency across the four essential skills: reading, listening, speaking, and writing. Drawing on current research in language acquisition and education, this article provides practical recommendations for individuals seeking to improve their English language abilities.

Keywords: English language proficiency, reading skills, listening skills, speaking skills, writing skills, language acquisition, language learning strategies.

The ability to communicate proficiently in English is a valuable skill in today's globalized world. This article aims to provide insights into the methods and techniques that can be employed to enhance four key language skills: reading, listening, speaking, and writing.

Improving Reading Skills: What is Reading itself? Reading skill is reading comprehension. There are several different ways to improve reading skill. I will tell you some of them. 1) Find and read material that suits you. (Because we all have different levels so we need to find the right material to study. A well-chosen book is half the battle (For example, if a student with a high level reads a book that is below his level, he will get bored.) 2). Read, read, write, learn. The first step is to write down the words we don't know while reading the book. Then we translate the dictionaries. In the second step, we will read the book again. The second time we read it, we understand it better because the words we don't know become familiar to us. In the third step, we write down our thoughts about the book we are reading. 3) Study the same topic in different ways. For example, if we take the topic of sports, we will read articles on that topic, watch various videos, listen to podcasts and do similar things, our knowledge will expand even more. We should always choose books according to our level [1]

Enhancing Listening Skills: The best way to develop your listening skills is to always listen to podcasts, radio apps or music in English. You should try to listen to at

least 30 minutes of English-language podcasts or radio broadcasts every day. You do not need to set aside time for this. You can simply do this while exercising or in your free time. In this case, it is necessary to pay attention to the ability to understand exactly what is being discussed. You should try to find keywords and phrases to find out what the topic of what you are hearing is about. Write down as many words as you can that you don't understand and look them up in the dictionary. Then listen again from the beginning. Another interesting way to improve your listening skills is to watch movies, cartoons or series in English. I recommend watching movies that you like. This will help you to listen and understand and learn a foreign language easily [2]

Strengthening Writing Skills: Along with reading and listening comprehension skills, developing English writing skills is also very important. In the IELTS exams, it is observed that the problem of most test-takers is related to writing essays. I will give you one tip to improve your writing skills. Keep a diary in English. Get into the habit of writing down a few sentences in your diary every day. It doesn't have to be about personal experiences, it can just be about the weather, what you had for lunch, or what you have planned for the day. If you are not uncomfortable, I suggest you to have someone who knows English well check what you wrote. This will help you avoid making the same mistakes over and over again. Once you've developed your writing skills, the most effective way to practice them is to find a friend who knows or is learning English like you. Finding friends who live in English-speaking countries (America, Britain, Canada, Ireland, Australia, New Zealand or South Africa) will help you not only to develop the language, but also to learn about their culture, lifestyle and customs [3]

Developing Speaking Skills:

- a. Engage in conversation: Regularly converse with native speakers or language partners to improve fluency and pronunciation.
- b. Mimic native speakers: Imitate the intonation and pronunciation of native speakers through repetition exercises.
- c. Join language exchange groups: Participate in speaking-focused language exchange groups or online platforms to practice speaking in a supportive environment.

Engage in Regular Conversations: Practice speaking English regularly, whether with native speakers, language exchange partners, or fellow learners. Engaging in conversations helps build confidence and fluency. **Participate in Pronunciation Exercises:** Focus on challenging sounds and practice them through specific pronunciation exercises. Use online tools or language apps that provide targeted pronunciation practice [4]

In conclusion, enhancing English language proficiency involves a holistic approach that addresses reading, listening, speaking, and writing skills. By

incorporating these practical strategies into one's language learning routine, individuals can make significant strides towards becoming proficient English communicators.

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