

READING BOOKS AS A TOOL TO BROADEN OUR MINDS

Abdullayeva Nigora Shavkatovna

Fergana State University English language and literature faculty,

Applied English department, EFL teacher

shukronika@gmail.com

Ikromova Muxlisa

English language and literature faculty,

Applied English department 4th year student

ikromovamuxlisa77@gmail.com

Abstract: In this article, the ideas about the interest of children in books, the formation of reading culture and the role of parents in this regard are covered.

Key words: interest in books, culture of reading, spiritual maturity, knowledgeable, intelligent youth

If we look at the history of the development and progress of the society and the nation, the role of educated, spiritual and enlightened youth in the development of the society is incomparable. One of the main factors that educate such young people well is a book.

This book is the most unique discovery created by mankind, which lifts us from the earth to the sky, leads us to perfection, brings light and warmth to the hearts of people, helps us to consciously understand the difference between white and black, good and evil, destruction and creativity. The book glorifies man, teaches human qualities such as love for the Motherland, humanitarianism, gratitude for the life he lives, being kind and polite to others, sharing goodness with the people around him. The importance of the book in human life is incomparable, it is an inextinguishable light that illuminates the paths of human life, a source of happiness that gives meaning to human life, a loyal friend that accompanies in any situation. Taking these aspects into account, today systematic work is being carried out to increase interest in books and the level of reading among young people and the population, and to widely promote reading. In the process of widespread implementation of reading in practice, first of all, we can reconstruct the existing libraries, update their material and technical base, provide them with the necessary scientific and literary literature, widely introduce and effectively use modern innovative technologies in the activities of libraries. Necessary measures for the implementation of these works have been determined and their implementation is regularly monitored. As a clear proof of this, the 5 important initiatives in the development of our country are marked as the direction of "Raising the spirituality of young people, organizing systematic work on the widespread

promotion of reading among them". Our great-grandfathers also emphasized that the book has a great role in the education of children, that it is necessary to value it as an inexhaustible wing of thought that enriches the human spiritual world, as a highly creative and creative tool, and to use it effectively. Experts called the first period of a child's life "the period of miracles".

During this period, children are prepared to read books. First of all, they should learn the skills of speaking, listening and speaking perfectly. If we start the process of forming children's interest in books with the family, it will give a very positive result, and after that, if we continue to cooperate with the family in preschool educational organizations, the expected result can be more effective. Just as all the criteria of education are formed in the family, reading culture will have good results if it starts from the same place. Because it is not for nothing that it is said that "A bird does what it sees in its nest". In the holy place, it is good for parents to become an example and read books themselves in order to increase children's interest in books.

If the parents in the family love books, the child raised in such a family will also be familiar with books, such children will have a wide worldview, a wide range of thinking, polite, kind, try to do good to others as much as possible, every word they say grows up to be an intelligent child who thinks about what he is doing, in a word, tries to show the qualities of a perfect personality. The systematic conduct of reading in a family environment increases the effectiveness of the expected result. Telling children about Uzbek folk tales from a young age inculcates human qualities such as hard work, sincerity, hospitality, as well as concepts such as respect and reverence for national and universal values. In addition, we introduce our thinkers such as Alisher Navoi, Farobi, Abdulla Avloni, Yusuf Khos Khajib, Jalaloddin Rumi, and their educational ideas serve as the main source in child education.

The President of our Republic also emphasized that the role and importance of books in the education of the young generation is incomparable, "At the same time, while mastering the latest achievements in the field of information and communication, it is necessary to increase the interest of young people in reading books, it is necessary to pay special attention to making friends with books, to further increase the reading level of the population", his opinions are proof of our opinion.

Based on the above, we can recommend the following to parents:

- Be a role model to make the child interested in books;
- Read examples from the book you read or tell a story;
- Choose ideas suitable for the child's age to speak; - Create a family library, create a separate section for the child;
- Choose and buy books suitable for the age of the child; - Make a sound and regularly read a few poems, children's poems with repeated lines, picture books, various stories and fairy tales to your child;

Take it from time to time to the library and bookstore designed for children;

- Let the books you want meet the pedagogical and psychological requirements. In short, this book is the basis of all good works and creative ideas.

Conclusion

It is also a book that shines the light of knowledge on us. That's why today, if we start the interest in books from the family, and for this we create age-appropriate libraries, it will be an excellent light upon the light. It is necessary to develop oral speech and love for books on the basis of the formation of reading skills in children. If we start from the family to rely on the book as a companion and adviser for our young people who are capable of great things, a life-long faithful friend, we would contribute to bringing up worthy creative young people for the future of our great country.

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